

Strategies for Success in Senior



The Keys to Success:

- Think **POSITIVELY!**
- Accept **RESPONSIBILITY** for motivating yourself
 - Actively participate, listen and take quality notes.
- **ORGANISATION**
 - Have a term planner. Know when your assessments are due
 - Have a weekly planner. Keep your life in balance with a regular routine of study, work and social commitments. This will help you prioritise your time.
- Actively engage in a **REGULAR ROUTINE** of study
 - Keep your routine regular and use, “The six strategies for effective learning” when studying.
 - Create quality study notes and resources (e.g., flash cards and concept maps).
 - Support your study with quality resources such as QCAA Syllabus, Subject Reports, Past Papers and Exams.
- Accept the fact that success comes from **EFFORT!**
 - Learning is doing! This means that actually physically doing what will be asked of you in upcoming assessment on a regular basis is important for improving your performance!
E.g., Olympic athletes don’t just watch, listen, practice once and then show up and perform at their best, there is a lot more work involved

This is true for Academic Success as Well!

E.g., In an exam you don’t just listen and record what you hear or see (often what students do in class) you are asked to **RETRIEVE, APPLY, ANALYSE** and **INTERPRET** knowledge. This means just like an athlete you need to organise and motivate yourself to physical do these things on a regular basis.
- Ask for **HELP** when you need it
- **CELEBRATE** your successes after completing a goal or task

We encourage our students to use “Six” evidenced-based strategies, that have been proven to be most effective for learning when incorporated into a student’s regular routine of study.

The six strategies for effective learning are:

1. Spaced Practice
2. Retrieval Practice
3. Elaboration
4. Interleaving
5. Concrete examples
6. Dual coding

Retrieval Practice is the most important strategy that students should engage in every time they study, it is the basis for how they should study. Spaced Practice and Interleaving assist students to figure out when they should study. Elaboration, Concrete examples and Dual coding provide additional techniques used in conjunction with Retrieval Practice.

More information and resources about these six strategies can be found on the Learning Scientists website.

The Learning Scientists Website: <https://www.learningscientists.org/>

The Six Strategies – Materials for Students: <https://www.learningscientists.org/downloadable-materials>